



# REVIEWS

## BOOKS

Reviewed by Ruth Parnell

### TIME TRAVEL

by J. H. Brennan

Publisher: Llewellyn, USA, 1997

ISBN: 1-56718-235-6 (216pp s/c)

Price: AUD\$23.95; NZD\$29.95;

STG£10.99; USD\$12.95; CAN\$17.95

Available: **Australia**—Quest Books, ph

(02) 9264 7152; **NZ**—Peaceful Living, ph

(07) 571 8105; **UK**—Airlift Book Co., ph

0181 804 0400; **USA/Canada**—Llewellyn

Publications, ph (612) 291 1970.

The discovery of out-of-place artefacts and skeletal remains in rock strata dated millions of years older than humanity's supposed appearance on this planet begs many questions, not least of which is: Were they left there by time travellers who visited the ancient past? This question has ramifications that can't be discounted, says prolific 'new age' author J. H. (Herbie) Brennan.

In his latest book, *Time Travel*, he proposes that nothing in Newtonian, Einsteinian or quantum physics that says time travel is impossible. Brennan summarises the anomalies, theoretical physics and some landmark experiments in quantum dynamics in an easy-to-follow argument that acknowledges the profound influence of the human mind. He cites evidence from quantum physics and mystic traditions, confirming that the mind interacts with the entire space-time continuum—past, present and even future.

Brennan relates examples of individuals who have experienced "time slips" where they enter physically into a past time period of that same space—and whose testimony can often be verified. But short of having a

wormhole handy, the most useful technique for experimenting with time-travelling is psychometry, where data can be obtained by tuning into an artefact's vibrations and, later, comparing the results with historical accounts. The experience can then be determined to be mere fantasy, mental time-travelling or, who knows, time teleportation.

Brennan's book doesn't explore recent breakthroughs in 'time machines' or alleged military experiments in time-travel, but it does open the mind to new possibilities.

### SHAMBHALA: The Fascinating Truth Behind the Myth of Shangri-la by Victoria LePage

Publisher: Quest Books, USA, 1997

ISBN: 0-8356-0750-X (318pp s/c)

Price: AUD\$31.95; NZD\$39.95;

STG£12.99; USD\$16.00; CAN\$23.00

Available: **Aust**—Quest Books, ph (02)

9264 7152; **NZ**—Pathfinder Bookshop, ph

(09) 379 0147; **UK**—Airlift Book Co., ph

0181 804 0400; **USA**—Theosophical

Publishing, ph 1-800 669 1571.

The lost paradise-kingdom of universal love and wisdom, "Shambhala" or "Shangri-la", is central to all Central Asian myth and religion and has fired the spirits of many initiates and explorers in search of its secrets and precise location.

Author Victoria LePage has also been so inspired, and her first book, *Shambhala*, is the result of nearly 50 years' exploration into the Shambhala myth and related Hindu, Buddhist, Sufi and shamanic esoteric traditions. Her insightful perspective puts a few more pieces of this puzzle into place.

LePage points to a clue to Shambhala's geographical location in the sacred mandala of the Kalachakra texts, which she says can

be interpreted not only in psychic and metaphysical terms but as a physical representation. The eight petal-shaped lands featured in this mandala, with Mount Meru at its centre, could be a map of Shambhala bordered by the eight ethnic culture areas of Central Asia: Siberia (Altai), Mongolia, China, Tibet, Kashmir/India, Afghanistan, Turkistan and Kazakhstan. As Shambhala is seen as the wellspring of civilisation and religion, such a schematic may explain the myths these people have in common.

LePage maintains that Shambhala is a *real* place, but one which, for now, is accessible only on an etheric level to those of pure heart. It is said that the Hidden Directorate



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that resides there, overseeing humanity's evolutionary leaps, may soon reveal its secret kingdom in the physical realm as the major Earth energy axis centre that it is.

In covering much sacred ground, LePage's *Shambhala* takes the reader to great heights.

### THE PHYSICS OF A FLYING SAUCER AND A UNIFIED FIELD THEORY

by Ted Roach

Publisher: Roach Industries, Aust, 1997  
PO Box 697, Wahroonga, NSW 2076,  
Australia, ph +61 2 9238 6108  
ISBN: 0-9594088-2-7 (120pp s/c)  
Price: AUD\$16.95; o/s air AUD\$23.00  
Available: **Aust**—NEXUS Magazine, ph  
(07) 5442 9280.

Sydney-based engineer Ted Roach is challenging the scientific community as well as national security organisations with his book, *The Physics of a Flying Saucer*.

Curious about the UFO phenomenon since his youth, Roach has spent years developing his "Physics of Time" theory to explain the various dimensions of time and space in the universe—a theory which, by application, may make interstellar space travel possible.

One of the basic tenets of his thesis is that the dimensions of time create gravity, electricity, magnetism, light, matter and all that exists physically in space; but dimensions of space have no time dimension, only existing if time exists. He argues that whatever physics regards as a force is actually a dimensional time field, and that goes for the subatomic realm and heavenly bodies in motion. Thus, he claims, it is possible to develop a zero time field instantaneously

around a spacecraft and have it reappear anywhere in the universe in zero time.

Roach's application for a patent on 10 inventions based on his 'unified field' concepts was confiscated in 1995 by the Australian Safeguards Office and the Department of Defence for assessment of military interest. Divulging any details of his patent is risky business for Ted Roach who last year had to remove from his home a CIA-made high-frequency 'bug', of a type allegedly used by ASIO. Ted is obviously onto something significant, and his concepts deserve to come to the public's attention. Read his book and you'll understand why.

### 5/5/2000...ICE: THE ULTIMATE DISASTER

by Richard Noone

Publisher: Three Rivers Press/Crown Publishing, USA, 1997 (revised edition)  
ISBN: 0-609-80067-1 (400pp s/c)  
Price: AUD\$32.00; NZD\$34.00 + p/h;  
STG£10.99; NFLf36-; USD\$16.00 +p/h  
Available: **Aust**—Cameron Books, ph  
(047) 587676; **NZ**—NEXUS Office, ph (09)  
416 7320; **UK**—Hi Marketing, ph 0171  
738 7751; **Europe**—NEXUS Office, ph  
+31 (0)321 380558; **USA**—Adventures  
Unlimited, ph (815) 253 6390.

In 1982, with the release of his controversial book, *5/5/2000*, visionary Richard Noone was at the crest of a new wave of alternative thinking about the world's mysteries. He predicted a date for "the ultimate disaster"—and it's only three years away.

For this revised edition, Noone has written a new Preface and 30-page Epilogue, summarising the recent important findings from archaeology, astronomy, climatology, engi-

neering and geology which support his thesis: that a powerful solar storm, likely to penetrate the magnetosphere in January 2000, plus an alignment of the Sun and five inner planets with the Earth and Moon on 5 May 2000, will trigger a calamitous slippage of Antarctica's unstable three-mile-thick ice mass, tilt the planet's axis, cause gigantic tidal waves, quakes and eruptions as well as crustal displacement of entire lands.

As Noone argues, there is mounting evidence that catastrophes of varying intensities occur approximately every 7,000 years. Indeed, warnings of future catastrophes may have been built into monuments like the Great Pyramid, which he claims survived at least one major natural disaster.

But major planetary alignments are not so





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rare, and our in-house astrologer Richard Giles notes that in the last 50 years there have been 20 multi-planet conjunctions in the one zodiac sign, and that the 5/5/2000 line-up, over 26 degrees, is very wide. Statistically, it's only a matter of time before a catastrophe strikes, but how on Earth can we prepare for such a worst-case scenario?

## LO! by Charles Hoy Fort

Publisher: John Brown Publishing, London, UK, 1996 (first published 1931)  
ISBN: 1-870870-891 (320pp s/c)  
Price: AUD\$25.00; AUD\$30.00 airmail to NZ; STG£9.99; USD\$22.00  
Available: **Aust/NZ**—*Fortean Times*, 5/9 Palm Avenue, Bribie Island, Qld 4507, Australia, fax +61 (0)7 3408 6205; **UK**—*Fortean Times*, ph 01 789 490215; **USA**—*Fortean Times*, ph (516) 627 3836.



Charles Fort (1874-1932), the prolific American collector of reports on strange phenomena, was one of history's true iconoclasts and sceptics. His third book, *Lo!* (first published in 1931 and just re-released in a major revised edition), is a fine place to start for those who have not yet encountered Fort's incisive wit and wisdom.

His words were his greatest weapon, and he used them with intense delight in his attacks on establishment thinking, whether religious or scientific. He castigated scientists, especially astronomers, for dismissing, discrediting and suppressing evidence they could not explain, while espousing theories they were unable to prove. Fort refused to believe in any explanations; only to give

"acceptance" to the inexplicable, for there is no such thing as absolute certainty.

*Lo!* is a hotch-potch of weird and wonderful stories, mostly gleaned from newspapers, magazines and scientific journals over decades of library research, interspersed with humorous, outrageous comments and his own tall stories about the nature of the physical universe and attempts by 'intelligent' life to come to terms with it.

Readers unfamiliar with Fort will not only be amazed at his accounts of heavenly bodies, fireballs, poltergeists, sea monsters, falling frogs, space aliens, and more, but *how* he delivers them. This is classic Fortean, admirably demonstrating the closest Charles Fort would go to defining reality: a world based on humour.

## FUTURE MEMORY by P. M. H. Atwater

Publisher: Birch Lane Press, USA, 1996  
ISBN: 1-55972-320-3 (300pp h/c)  
Price: AUD\$40.00; STG£7.99;  
USD\$19.95; CAN\$27.95

Available: **Aust**—Cameron Books, ph (047) 587676; **UK**—Bookshops; **USA/Canada**—Carol Publishing Group, NY.

The expression "flash forward" was coined in the 1980s to describe how some survivors of near-death experiences (NDEs) were found to be able to tap into the future and pre-live an event, exactly as it occurred, before it actually manifested in physical reality.

Author Phyllis Atwater, who has written several books on NDEs and has herself been through three such experiences, believes the term should be redefined as "future memory phenomenon", for it is not only reported by people who have 'died' and lived to tell the tale. For her new book, *Future Memory*, Atwater has amassed and analysed the body of testimony on this little understood but very real phenomenon (at least it is for those who experience it).

Moreover, she presents a reasoned argument for how "brain shifts" such as future remembrances are aspects of higher brain development, allowing newer and richer sets of abilities and talents to be activated. The upshot of this is that it is possible for us to learn how to cause future memory states as a way of kickstarting our higher brain abilities—and Atwater suggests ways that we might be able to achieve this.

*Future Memory* is really an adventure into the labyrinth of the mind and all its workings. Atwater challenges us to break the bounds of our perceptions, to synthesise the most visionary physics and metaphysics in an attempt to understand the essence of human spirit and consciousness.

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### MYSTERIES OF ATLANTIS REVISITED: An Edgar Cayce Guide

by Edgar Evans Cayce, Gail Cayce  
Schwartzter and Douglas G. Richards

Publisher: St Martin's Paperbacks, USA,  
1997 (revised edition)

ISBN: 0-312-96153-7 (235pp p/b)

Price: AUD\$12.00; STG£5.00 inc. p&h;  
USD\$5.99; CAN\$7.99

Available: **Aust**—Cameron Books, ph  
(047) 587676; **UK**—Edgar Cayce Centre,  
ph 01207 237696; **USA/Canada**—St  
Martin's Press, ph (212) 674 5151.

Over a 20-year period, the great American psychic/healer Edgar Cayce (1877-1945) gave nearly 700 life readings mentioning Atlantis plus many general readings on the fate of this lost continent. As Cayce never wrote a book on the subject, it has been the task of his heirs and students to make sense of all the disparate details.

The result, *Mysteries of Atlantis Revisited*, was first published in 1988 but has just been revised with an update on the most recent developments. Some of these events already confirm Cayce's Atlantean visions, while others could be played out imminently, e.g., the Egyptian authorities may soon allow excavations under the Sphinx that may confirm Cayce's vision of the legendary Hall of Records, said to be a repository of ancient archives that survived the final migration from Atlantis to Egypt.

Meantime, to the ire of Egyptologists, evidence presented by the West/Schoch expedition—that the Sphinx has water erosion patterns that date its construction to a time when Egypt had a very wet climate, at least

7,000, perhaps up to 12,000 or more years ago—suggests that Cayce's dating (10,490-10,390 BC) may well be close to the mark.

The quest for proof of Atlantis also takes in the islands of Bimini in the Bahamas, where expeditions continue to uncover evidence of sunken roads, mounds and built structures in keeping with Cayce's readings (as we go to press, a temple complex has just been found). However, if the latest geological evidence suggests his prophecies of cataclysms may be fulfilled in the very near future, we can only hope Cayce was wrong.

### OUT OF BODY EXPERIENCES: How to Have Them and What to Expect by Robert Peterson

Publisher: Hampton Roads, USA, 1997

ISBN: 1-57174-057-0 (278pp s/c)

Price: AUD\$24.00; NZD\$27.95;

STG£9.99; USD\$11.95

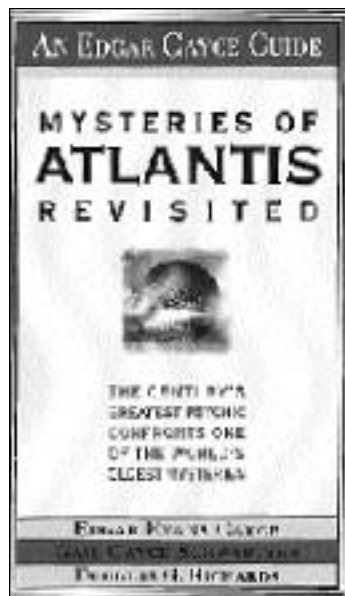
Available: **Aust**—Cameron Books, ph  
(047) 587676; **NZ**—Peaceful Living, ph  
(07) 571 8105; **UK**—Airlift Book Co., ph  
0181 804 0400; **USA**—Hampton Roads  
Publishing Co., Charlottesville, VA, ph  
(804) 296 2772, fax (804) 296 5096.

One of the most effective ways of acquiring experiential knowledge about reality beyond the physical realm is through the out-of-body experience (OOBE). While many such experiences are reported within the context of near-death experiences, they do happen independently of such events.

In this practical how-to guide to OOBEs, author Robert Peterson describes his own explorations in inducing out-of-body states. Peterson started having OOBEs in childhood, but in the late 1970s began to apply Robert Monroe's work in this field and then go on to develop his own methodology. As he treats the reader to insights into his own progress, he gives step-by-step exercises that serve as signposts for the seeker who is prepared to practise. He includes a comprehensive bibliography for anyone who wants to read up on this before trying anything.

Peterson sees this ability of the astral body to leave the physical as a psychic development on the spiritual path. He claims that when someone is out of body, that person's Higher Self or Oversoul is still in charge and no other entities can possess that person's body—without permission.

In progressing through the techniques, the seeker is likely to become open to all manner of psychic experiences from greater incidence of synchronicities to telepathic and precognitive episodes. How much a distraction these are is up to the individual. It would seem that possession of this know-how requires a certain amount of personal responsibility, and Peterson wisely writes of the pinnacles and pitfalls on the path.





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## ARK OF THE COVENANT

by Jonathan Gray

Publisher: J. Gray, Australia, 1997

ISBN: 0-646-3073-3 (600pp s/c)

Price: AUD\$39.95 + p&h; NZD\$30.00;

STG£16.00 + p&h; USD\$30.00 + p&h

Available: **Aust**—Jonathan Gray, PO Box 3370, Rundle Mall, SA 5000, ph (08) 8398 3862; **NZ**—PO Box 148, Rangiora, ph (03) 313 8908; **UK**—PO Box 14540, Dunfermline KY12 9ZD, ph/fax 01383 852863; **USA**—PO Box 623, Thorsby, AL 35171, ph (205) 646 3290.

One of the most sought-after relics of the Judaeo-Christian world is the fabulous Ark of the Covenant which disappeared from historical records with the fall of the First Temple in Jerusalem in 586 BC. The golden Ark is believed to have been constructed to house the stone tablets inscribed with the Ten Commandments, and to have possessed supernatural powers.

The search for the lost Ark has been an obsession for many biblical archaeologists in the meantime, and leads as to its whereabouts have taken in Israel, Ethiopia and Jordan. But what if the Ark was never removed from Jerusalem?

Author/explorer Jonathan Gray is one of many amateurs and professionals who have been on the track of this lost artefact for years. His latest book, *Ark of the Covenant*, is partly a record of his delving into the historical records, rumours and prophecies associated with the Ark (not to be confused with Noah's Ark). But it is also the story of the efforts of another explorer, American amateur archaeologist Ron Wyatt, who claims to have discovered the *real* hiding

place 20 feet under the "Skull Hill" crucifixion site on Mount Moriah in Jerusalem.

Having checked out Wyatt's evidence and visited the site with him, Gray is convinced that Wyatt's claims can be believed.

Meantime, Wyatt's excavation has had to be abandoned and the Ark is staying underground for now, partly because of difficulties with excavation and costs, but also because it is a political 'hot potato' for the Israeli Government and even for peace prospects in the Middle East.

Gray's book is a compelling, personal travelogue, rich with photos, diagrams and illustrations, and makes portions of the Old and New Testaments come very much alive.

## THE BIBLE CODE

by Michael Drosnin

Publisher: Weidenfeld & Nicolson, UK, 1997; Simon & Schuster, USA, 1997

ISBN: 0-297-81995-X (h/c);

0-297-84091-6 (264pp s/c)

Price: AUD\$19.95; NZD\$29.95;

STG£20.00 (h/c only); USD\$25.00

Available: **Aust**—Cameron Books, ph (047) 58 7676; **NZ**—Penguin Books, ph (09) 444 4965; **UK**—Bookshops; **USA**—Simon & Schuster, New York.

Only 12 years ago, brilliant Israeli mathematician Eliyahu Rips heard about the existence of secret codes in the Old Testament of the Bible. So he set about testing this idea with group theory and computer power, using the first five books from Genesis to Deuteronomy—304,805 letters in all—as the basis for his calculations.

By deleting spaces between words, Rips found that any number of skip sequences, from one to thousands, can access meaningful networks of words and phrases far beyond statistical chance. His "Bible code" calculations have not been disputed yet. He was amazed to discover hidden names, words and dates covering a vast spectrum of past, present and even future events.

New York-based journalist Michael Drosnin has been researching the Bible code with Rips since 1992, and became sufficiently convinced that it's for real that he wrote this book about it. The turning point came with Yitzhak Rabin's assassination in 1995: a year earlier, Drosnin had found a pointer to this event in the code and tried to warn Rabin—to no avail, as it turned out.

Drosnin and Rips have tested the code against all manner of Earth- and cosmos-shaking events, and you name it, it's there: the Gulf War, the Hebron massacre, Comet Shoemaker-Levy 9, the Kobe earthquake, the Oklahoma bombing. They've also checked for future atomic holocaust (2000 and 2006 are two probabilities) and comet or asteroid impacts (2006, 2010, 2012).



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The Bible code's divinatory potential is only as good as the questions asked, but, as Rips says, "there is no limit to the amount of information that could be encoded" in this multi-layered hologram, this "mind beyond our imagination".

### THE WISDOM OF THE BODY

by Sherwin B. Nuland

Publisher: Random House, USA, 1997;

Chatto & Windus, UK, 1997

ISBN: 0-7011-6482-4 (409pp s/c)

Price: AUD\$19.95; NZD\$29.95;

STG£7.99; USD\$n/a

Available: **Aust**—Random House, ph (02)

9954 9966; **NZ**—R/House, ph (09) 444

7197; **UK**—R/House (avail. mid-'98);

**USA**—R/House, ph (212) 572 2571.

What makes us greater than the sum of our parts is our human spirit, yet that spirit is a function of our genetic blueprint, writes Sherwin Nuland in his latest book, *Wisdom of the Body*. Still, the reality of our physical nature makes us no less mysterious, he says, for the human body and its workings are truly miraculous.

An experienced practising surgeon and physician, Nuland teaches surgery and the history of medicine at Yale University in between writing accessible medical books. His years of experience in dealing with life-or-death emergencies have given him first-hand proof of the power of the human spirit to want to survive, and its ability to permeate that intent instantaneously throughout all systems and cells of the body. Not insignificant is the spirit of each member of the medical team fighting for a patient's life.

Nuland takes the reader on a fantastic voy-

age through the human body, explaining the structure, workings and communications of DNA, cells, organs and systems. He explains the subtle balances and counterbalances involved in these interactions and how the equilibrium can malfunction. At times, he says, there is no option but to resort to surgery to rectify the imbalance.

Nuland has sewn some gripping survival stories, fascinating clinical histories and heart-rending experiences into his eminently readable narrative in praise of the wonders and wisdom of the body. Yet he is not so concerned at what wonders may exist beyond the limits of physical sight.

### MEDICINE DREAM

by Marilyn Tunneshende

Publisher: Hampton Roads, USA, 1996;

HarperCollins, UK, 1997

ISBN: 1-57174-046-5 (232pp h/c)

Price: AUD\$17.95 (s/c); NZD\$29.95;

STG£7.99; USD\$16.95

Available: **Aust**—Cameron Books, ph

(047) 587676; **NZ**—HarperCollins, ph (09)

443 9401; **UK**—Thorsons, ph 0181 741

7070; **USA**—Hampton Roads, ph (804)

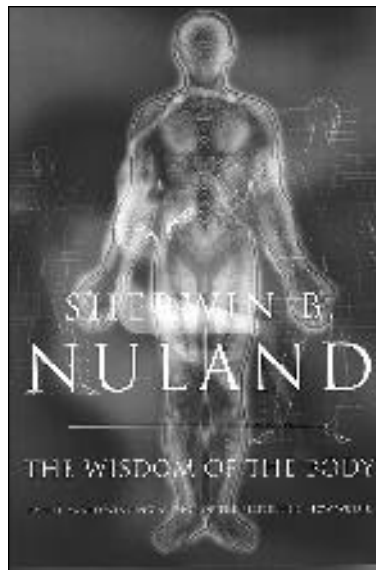
296 2772, fax (804) 296 5096.

For Marilyn Tunneshende, as for other visionaries and spiritual warriors, there is no turning back on the path of knowledge after that first step. *Medicine Dream*, her profound story of self-transcendence, continues the legacy of Carlos Castaneda whose books on Don Juan's Yaqui way of knowledge have shifted many a paradigm over the last two decades.

A Spanish linguist and student of Toltec and Mayan culture and religion, Marilyn headed south in the mid-1970s after a tragic event changed her life. Unexpectedly she found herself apprenticed to a Yuman shaman who later 'introduced' her to a Mayan magician/healer who continued to guide her on her path of metamorphosis. She had become a "nagual woman" with a special talent for "healing dreaming".

Merilyn's training was tested in 1992, after 12 years back in the US, when she was diagnosed with a life-threatening illness. She returned to Mexico and found her old mentors who performed powerfully energetic practices to support her self-healing. Some of these processes involved the ritual use of sacred mushrooms, and study of the Mayan prophetic calendar, the Tzolkin, which marks a new dawning of planetary consciousness by the year 2012.

Having entered spiralling vortices into timeless realms and experienced transformational, healing energies that operate on all levels of being, Merilyn's mission now is to make us aware that these realms and experiences are accessible to all those who seek.





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## THE RETURN OF THE SERPENTS OF WISDOM

by Mark Amaru Pinkham

Publisher: Adventures Unlimited Press, USA, 1997

ISBN: 0-932813-51-8 (366pp s/c)

Price: AUD\$27.00; NZD\$36.00 + p/h;

STG£17.00; NFLf19.90; USD\$16.95 + p/h

Available: **Aust**—NEXUS Magazine, ph (07) 5442 9280; **NZ/UK/Europe**—NEXUS Offices; **USA**—Adventures Unlimited, ph (815) 253 6390, fax (815) 253 6300.

A symbol ubiquitous among ancient civilisations around the world is the serpent, and knowledge of its meaning and purpose has been kept and nurtured by mystery schools and native peoples through the millennia.

For seekers of enlightenment, the serpent is a symbolic and literal representation of spiritual transformation: *kundalini* 'serpent fire' rising from the base of the spine to enfold in the heart and then move up to the crown chakra, to fly out into the cosmos on eagle's wings. It's not hard to imagine why belief in the serpent-of-many-guises has been punished as heretical by biblical and Church 'authorities' through history. Yet, in an ironic twist, a spiralling pair of snakes is the 'mascot' of the medical profession!

So how did all this come about? Having studied many of the world's mystical traditions at first hand and followed prescribed disciplines for 20 years, truth-seeker and healer Mark Amaru Pinkham claims he is tasked with disseminating the story of the "Serpents of Wisdom". More than mere myth, these particular "Serpents" belong to a hierarchy of spiritual adepts who 'dwell' in non-physical planes but are able to enter into

human form—for hundreds or thousands of years at a time if they so wish.

The involvement of these beings with planet Earth and the original 'human' blueprint is said to extend back many millions of years, and they are believed largely responsible for the rise (and demise?) of civilisations as well as man's evolutionary leap into *Homo sapiens* around 200,000 years ago.

As hinted at in the title—*The Return of the Serpents of Wisdom*—Pinkham suggests that the imminent millennium changeover heralds the return of these spirits who embody the serpent's wisdom and power. What will be their purpose this time?

## PSYCHIC DISCOVERIES

by Sheila Ostrander and Lynn Schroeder

Publisher: Marlowe & Co., USA, 1997

ISBN: 1-56924-750-1 (438pp s/c)

Price: AUD\$30.00; STG£13.50;

USD\$14.95

Available: **Aust**—Cameron Books, ph (047) 587676, fax (047) 58 9047; **UK**—NEXUS Office, ph 01342 322854; **USA**—Publishers Group West, ph (416) 504 3900, 1-800 788 3123.

The 1971 publication of *Psychic Discoveries Behind the Iron Curtain* may well have prompted various intelligence agencies like the US CIA and DIA to step up their psychic research programs in an attempt at least to keep up with the expertise and technology of the Eastern bloc.

This 1997 edition of that classic book is really two books in one. The first part is an abridged version of the original, but has all the chapters dealing with Eastern bloc telepathy, bioplasma, telekinesis, Kirlian photography, psychotronic generators, etc.

Part Two is an entirely new section, subtitled "The Iron Curtain Lifted". Authors Ostrander and Schroeder consider developments since the late 1960s in psychokinesis, mind control, microwave zapping, biomagnetic warfare, weather manipulation, remote viewing, etc., but cover these all too briefly, resorting to too many comparisons with US research rather than providing nitty-gritty details of, say, KGB ESPionage programs.

The authors go on to document the huge resurgence in psychic, shamanic and spiritual interest since the Iron Curtain was lifted, evident not only among the general public but among practitioners who are applying this knowledge in such areas as healing, learning and dowsing. They conclude Part Two with highlights of Eastern European UFO/ET experiences, and Russian evidence for artificial structures on the Moon.

In bridging the East/West divide, *Psychic Discoveries* is part of a paradigm shift affecting planetary citizens everywhere.



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## VIDEO

Reviewed by Duncan Roads

### UFOs: THE CONTACTS

#### Part 1: The Pioneers of Space

Producer: 2000 Film Productions, Düsseldorf, Germany, 1996  
Price: AUD\$45.00; NZD\$59.00;  
STG£25.00; NFLf70.00 (120mins, VHS)  
Available: **Aust**—NEXUS Magazine, ph (07) 5442 9280; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854; **Europe**—NEXUS Office, ph +31 (0)321 380558; **USA**—Adventures Unlimited, ph (815) 253 6300.

Another excellent video from Michael Heesemann, editor of the Germany-based *Magazin 2000* and well-known researcher and author in the UFO field.

This is a great video for those interested in the high-profile 'contact' cases of the '50s and '60s, such as George Adamski's case.

As usual, Heesemann flies in the face of popular opinion and presents convincing information, in the form of interviews and solid research, that there is more reality to these oft-dismissed cases than we realise.

I found the information on Adamski and the Mengers to be largely new and very intriguing. It was refreshing to revisit these famous cases in light of more recent events.

This video is the first of a promised series of documentaries on UFO contact cases—a series I certainly look forward to.

### MYSTERY FIREBALLS OF THE AUSTRALIAN OUTBACK

#### A Lecture by Harry Mason

Producer: Instant Replay, for NEXUS Videos, Australia, 1997  
Price: AUD\$35.00; NZD\$49.00;  
STG£20.00; NFLf55.00 (110mins, VHS)  
Available: **Aust**—NEXUS Magazine, ph (07) 5442 9280; **NZ**—NEXUS Office, ph (09) 416 7320; **UK**—NEXUS Office, ph 01342 322854; **Europe**—NEXUS Office, ph +31 (0)321 380558.

One of the most popular presentations at the 1997 NEXUS Conference in Sydney in May was that given by geologist Harry Mason, with his research on the mysterious fireballs over the outback.

As readers of this and the last two issues will realise, Harry's research trail has led far beyond the Aussie outback, to include the Japanese Aum cult, covert Tesla weapons testing and secret bases. Even the bombing of the Oklahoma City federal building exhibits evidence of being the result of targeting by a beam weapon.

It seems that the mysterious fireballs are just one piece of a much larger puzzle. This is your chance to see the picture so far.

## AUDIO DOCUMENTARY

Reviewed by Duncan Roads

### THE EDWARDS AIR FORCE BASE ENCOUNTER:

#### The US Air Force vs UFOs

Producer: Independent-International Pictures Corp., USA, 1995  
Price: USD\$14.95 + USD\$2.00 p&h in USA (54mins, cassette)  
Available: **USA**—Independent-International Pictures, PO Box 565, Old Bridge, NJ 08857, ph 1-800 227 1015.

If you have ever wanted something to convince friends that you are not a loony UFO believer for nothing, then get them over to listen to this tape.

It is almost an hour's worth of declassified audio tape recordings of some pretty candid conversations between military personnel, discussing and directing aircraft on intercepts towards a major UFO flap over Edwards Air Force Base, California, on 7 October 1965.

Don't worry; the audio clarity and quality are just fine. Copies of official documentation come with the tape in a large, book-sized vinyl display case. It looks neat, actually, and would make a great present.

## PRODUCTS

Reviewed by Duncan Roads

### GRANDER LIVING WATER UNITS

Produced by: UVO-Vertriebs KG, A-6100 Seefeld i.T., Pfarrhuegel 293, Austria, ph +43 (0)5212 4192-0, fax (0)5212 419228  
Prices: on application  
Available: **Aust/NZ**—Grander Water Technologies, 2/1 Alex Fisher Drive, Burleigh Gardens Industrial Park, Qld 4220, Australia, ph +61 (0)7 5593 4650, fax +61 (0)7 5593 4561.

Grander Living Water units are 'things' you place on water pipes, allowing water to flow through. The water that flows out is claimed to enhance the health of humans, plants and animals.

When ordinary water passes through the Grander unit, it assimilates information and energy in the form of electromagnetic frequencies—much the same way as sound is transferred to a blank audiotape. The water passes just once through a stainless steel energiser and emerges at the other side revitalised and energised. The units are available in a variety of pipe diameters, ranging from sizes for use in household taps to large homes and industrial plants. There is even a pendant for personal 'by-the-glass' use.

I've heard many favourable reports on this product from buyers and researchers.





# REVIEWS

## AUDIO

Reviewed by Richard Giles

### IN THE KEY OF HEALING

by Steve Halpern

Producer: Steve Halpern for The Relaxation Co., NY, USA, 1996  
Price: AUD\$29.95, USD\$14.95 (CD) (58mins)

Available: **Australia**—New World Productions, ph (07) 3367 0788; **USA**—Relaxation Co., ph 1-800 788 6670.

Steve Halpern is world-known for his sound-healing music, with over 50 recordings to his name. The sound on *The Key of Healing* vibrates in the deep alpha (8 cycles per second) range, associated with deep relaxation and meditation. Halpern creates what he calls a "sonic sanctuary" for listening, that helps spirit, mind and body reconnect with the Source at a cellular level.

### HAND WOVEN

by Lorin Grean

Producer: Lorin Grean for Silver Wave Records, USA, 1997  
Price: AUD\$29.95, USD\$14.98 (CD); AUD\$19.95, USD\$9.98 (cass.) (53mins)

Available: **Aust**—MRA Entertainment, ph (07) 3849 6020; **USA**—Silver Wave Records, Boulder, CO, ph (303) 443 5617.

If you're after just classical harp performance, then Lorin Grean does not supply. Instead, on *Hand Woven* she takes a distinctly adventurist approach to her instrument, combining it with violin, percussion, flute, cello and more, to produce what could be called "world harp fusion music". She does it well and with excitement. With her warm voice woven into the world accompaniment, this is a thrilling, enchanting album.

### TRANCE PLANET: Volume Three

Compiled by Tom Schnabel for Triloka Records, NM, USA, 1996

Price: AUD\$29.95, USD\$16.98 (CD); AUD\$19.95, USD\$10.98 (cass.) (74mins)  
Available: **Aust**—Festival Records, ph (02) 9660 4022; **USA**—Triloka Records, ph (505) 820 2833.

Looking for a comprehensive collection of music from around the globe to thrill you? Then try this third *Trance Planet* release from Triloka. True to its name, it will en-trance you with mystical and universal styles from the four corners: Armenia's Djivan Gasparyan on the soulful duduk; Mali's exotic vocalist Oumou Sangare; Germany's Stephan Micus's extraordinarily evocative music; Israeli percussionist Iki Levy and his psychically charged "Lovelorn"; and Algeria's Rachid Taha with his Arabic rock "Valencia". Also featured

are Tulku, Ali Akbar Khan, Mozambique's Orchestra Marrabenta and more. A truly planetary compilation.

### BOHINTA

by Bohinta

Producer: Bohinta for Vélo Records, Dublin, Ireland, 1996  
Price: AUD\$29.95; IRE12.99 (CD) (44mins)

Available: **Aust**—MRA Entertainment, ph (07) 3849 6020; **Ireland**—Excellent Ltd, Dublin, ph/fax +353 1 4944486.

The Fureys' name has shone brightly in Irish/Celtic music. For this album, Áine Furey and Martin Furey have come together with 15 other musicians to record their last three years' collected works. Bohinta is the comings and goings of a diverse bunch of fiddlers, guitarists, mandolin and bodhran players, keyboardists and percussionists who have combined their talents under Furey brother and sister. Driving guitars and emotion-charged lyrics are mixed in with some excellent pieces. The Furey harmonies are superb. Certainly worth a listen.

### JAMMU AFRICA

by Ismaël Lo

Produced for Mercury/Sankara, 1996  
Price: AUD\$30.95 (CD) (59mins)  
Available: **Aust**—Island Records, ph (02) 9207 0500; **Europe**—Mad Minute Music, Paris, France, ph +33 1 4010 2555.

Among the large number of African singers now on the world scene, Ismaël Lo stands out as one of the smoothly skilled practitioners. This is an outstanding album of Senegalese music recorded in Dakar and mixed in Paris. On one track, Ismaël combines with husky-voiced Marianne Faithfull to produce the softly sweet and wistful "Without Blame". With jazzy horn section and graceful vocals and percussion, *Jammu Africa* builds some cool, infectious, African dance music. Highly recommended.

